

FITNESS PARK

PLANNING COURS

Lundi	Mardi	Mercredi	Jeudi	Vendredi
18h30-19h15	18h30-19h15	18h30-19h15	18h30-19h15	18h 20h
Zumba	Ballon	Trampo	Step	Cross Training Free
19h30-20h15	19h30-20h15	19h30-20h15	19h30-20h15	
Caf	Cross Training	Zumba	Pilates	